



Reflection

Focus 4 – Reflection

Australian Professional Standards for Teachers
Professional Knowledge 1.2 1.5 1.6 2.1
Professional Practice 3.1 3.3 3.6 4.3 5.1 5.2
Professional Engagement 6.1 6.2 6.3 7.4

Reflection is defined as serious thought or consideration. It's a form of thinking, to either fulfil a purpose or a meditative role. Reflection may have an internal or external catalyst. For a professional, reflection and related activities fulfil a purpose or a need within practice.

Praxis is the art of applying new ideas to our lives. Praxis involves choice, deliberation and decisions about what is to be done in concrete situations.

(Knight, 2010)

To reduce the amount teachers reflect on their practice is to reduce the amount teachers enjoy their practice. (Knight, 2010)

- 1. Is this true for you as a teacher?

When do you use reflection?

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

How might you consciously use these in your practice?

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



- Reflections on student outcomes with families of students with disability and additional learning needs are helpful. How do you engage in these?

Using the School Support Cards, identify those strategies that would benefit conversations with families of your current students?

.....

.....

.....

.....

.....

.....


.....

.....

When transitioning from one place to another we move into a 'third space'. This is an area where change takes place and learning occurs.

- Could you use these questions to reflect with families? Do you have other conversation openers?

Possible question		Useful	Most useful
1	What are your expectations of education for your child?		
2	What's worked in the past for your child's learning?		
3	When is your child happiest at school?		
4	What does he or she talk about / share with you about school?		
5	What are your child's interests when they are at home?		
6	What do you want for your child at their next stage or post-school?		
7	When you think about what succeeded in the past in terms of their learning, what would be useful at the moment in my class?		
8	Think about how your child is going just now - what are you noticing that is different?		
9	What do you see as the important aspects we need to have in place to support your child?		
10	Add your own.		



The Community Process connections

When you work through Personal Development – you may find that some of these ideas will be useful in commencing the process in step 2 and 4. When you first articulate your practice and engage in observation rounds, start to consider how you might use the feedback to inform your next practice.



Teaching challenges our emotions and energy.

Try this reflection suggestion for you personally at the end of the day.

What has gone well?

.....

.....

.....

How do I know that?

.....

.....

.....

What have I learnt?

.....

.....

.....

What needs more work?

.....

.....

.....

What will help this?

.....

.....

.....

Who can I ask?

.....

.....

.....

How can I take care of myself now?

.....

.....

.....

Copy this page and reflect on it each day for 2-3 weeks. What have you learnt?